

MICRONEEDLING INSTRUCTIONS

TWO WEEKS BEFORE YOUR PROCEDURE

LIMIT SUN EXPOSURE

DISCONTINUE SELF TANNING PRODUCTS

AVOID SKIN TREATMENTS INVOLVING:

- + WAXING
- + BLEACHING
- + CHEMICAL PEELS
- + IPL/BBL

PLEASE CONTACT THE OFFICE IF YOU HAVE AN ACTIVE COLD SORE, TO ENSURE ADDITIONAL TREATMENT PRIOR TO THE PROCEDURE

THREE TO FIVE DAYS BEFORE YOUR PROCEDURE

DISCONTINUE EXFOLIATING PRODUCTS

DISCONTINUE ASPIRIN BASED PRODUCTS INCLUDING BUT NOT LIMITED TO:

- + ADVIL
- + IBUPROFEN
- + MOTRIN
- + ALEVE

DISCONTINUE BLOOD THINNING SUPPLEMENTS (EX. FISH OIL)

DISCONTINUE RETINOL BASED PRODUCTS

THE DAY OF YOUR PROCEDURE

PLEASE ARRIVE WITH A CLEAN FACE

DURING YOUR PROCEDURE

THE TREATMENT AREA WILL BE FULLY CLEANSED AND A NUMBING CREAM WILL BE APPLIED

THE PROCEDURE SHOULD BE PAINLESS

EXPECT THE PROCEDURE TO BE 30-60 MINUTES DEPENDING ON THE TREATMENT AREAS

AFTER YOUR PROCEDURE

GUESTS MAY EXPERIENCE A WARM OR TIGHTENING SENSATION FOR SEVERAL HOURS

- + FACE MASKS WILL BE PROVIDED TO SOOTHE THE SKIN

EXPECT REDNESS (SIMILAR TO A MILD SUNBURN) FOR 24-48 HOURS

FOR COMPLETE HEALING, AVOID THE FOLLOWING FOR 24 HOURS:

- + MAKE-UP
- + SWEATING

AVOID YOUR NORMAL SKINCARE ROUTINE FOR 72 HOURS AND USE THE FOLLOWING:

- + GENTLE FACIAL CLEANSER
- + ANTIOXIDANT SERUMS
- + HYALURONIC ACID SERUMS

STAY HYDRATED

ALWAYS WEAR SUNSCREEN

CARWELA